

**Northwestern Lehigh vs. Bangor vs. Palisades - 3/30/2021****Northwestern Lehigh****Results****Girls 100 Meter Dash**

Name	Year School	Finals	Points
Finals			
1 Odle, Sydney	Palisades	12.50	
2 Giamoni, Abigail	Bangor	13.20	
3 Pason, Holly	Palisades	13.50	
3 Henry, Angela	Palisades	13.50	
5 Naysmith, Emma	Bangor	13.60	
6 Powell, Natalie	Palisades	13.70	
7 Schellhammer, Lauren	Northwestern Lehigh	13.80	
8 Hinks, Lauren	Northwestern Lehigh	14.00	
9 Balliet, Ava	Palisades	14.10	
10 Betz, Kate	Northwestern Lehigh	14.40	
11 Glassberg, Naomi	Northwestern Lehigh	14.70	
12 Jones, Ana	Bangor	14.80	
12 Grantham, Kaia	Northwestern Lehigh	14.80	
14 Albanese, Kalea	Bangor	14.90	
15 Vilmenay, Najae	Bangor	15.30	
16 Gillette, Jayden	Northwestern Lehigh	15.50	
17 Kelly, Ciara	Palisades	16.50	

**Girls 200 Meter Dash**

Name	Year School	Finals	Points
1 Odle, Sydney	Palisades	28.40	
2 Giamoni, Abigail	Bangor	29.10	
3 Pason, Holly	Palisades	29.40	
4 Pomajevich, Abby	Northwestern Lehigh	29.70	
5 Henry, Angela	Palisades	29.90	
6 Gruver, Kaylei	Palisades	30.20	
7 Naysmith, Emma	Bangor	30.50	
8 Albanese, Kalea	Bangor	30.60	
9 Holmes, Jakayla	Northwestern Lehigh	31.00	
10 Grantham, Kaia	Northwestern Lehigh	31.10	
10 Betz, Kate	Northwestern Lehigh	31.10	
12 Balsamo, Grace	Palisades	32.20	
13 Jones, Ana	Bangor	32.60	
14 Vilmenay, Najae	Bangor	33.40	
15 Renner, Sarah	Northwestern Lehigh	33.60	
16 Zentz, Avrie	Northwestern Lehigh	33.80	
-- Houghton, Charlotte	Palisades	DQ	
-- McArdle, Grace	Palisades	DQ	

**Girls 400 Meter Dash**

Name	Year School	Finals	H#	Points
1 Schellhammer, Lauren	Northwestern Lehigh	1:04.50	1	
2 Houghton, Charlotte	Palisades	1:07.70	1	
3 Dubois, Haley	Northwestern Lehigh	1:07.90	1	
4 Smith, Amelia	Palisades	1:08.50	2	
5 Mount, Abby	Palisades	1:10.00	1	
6 Fair, Carly	Palisades	1:10.60	1	
7 Glassberg, Naomi	Northwestern Lehigh	1:11.40	1	

**Northwestern Lehigh vs. Bangor vs. Palisades - 3/30/2021****Northwestern Lehigh  
Results****....Girls 400 Meter Dash**

8	Hinks, Lauren	Northwestern Lehigh	1:12.80	1
9	Holmes, Jakayla	Northwestern Lehigh	1:13.80	1
10	Fox, Delaney	Bangor	1:17.80	1
11	Renner, Sarah	Northwestern Lehigh	1:19.40	1
12	Jones, Ana	Bangor	1:20.20	2
12	Vilmenay, Najae	Bangor	1:20.20	1
14	Hartzell, Kara	Bangor	1:20.30	2
15	Xiao, Veronika	Bangor	1:26.90	1
--	Jones, Kailyn	Northwestern Lehigh	DQ	1
--	Pavlinksky, Delia	Palisades	DQ	1
--	Balsamo, Brooke	Palisades	DQ	1

**Girls 800 Meter Run**

Name	Year	School	Finals	Points
1	Reguera, Sara	Palisades	2:38.40	
2	Smith, Amelia	Palisades	2:38.60	
3	Jones, Kailyn	Northwestern Lehigh	2:59.60	
4	Toth, Emma	Bangor	3:01.50	
5	Rutkowski, Emma	Northwestern Lehigh	3:12.20	
6	Hartzell, Kara	Bangor	3:16.30	
7	Conti, Mya	Northwestern Lehigh	3:17.50	
8	Konyak, Kaylee	Northwestern Lehigh	3:21.70	
9	Fox, Delaney	Bangor	3:25.90	
10	Tallada, Kira	Bangor	3:37.10	
11	Xiao, Veronika	Bangor	3:41.20	
--	Ardito, Allison	Palisades	DQ	
--	Stiansen, Libby	Palisades	DQ	
--	Hartzell, Sarah	Bangor	DQ	
--	Klein, Angelina	Northwestern Lehigh	DQ	
--	Pongracz, Raizel	Bangor	DQ	

**Girls 1600 Meter Run**

Name	Year	School	Finals	Points
1	Stiansen, Alayna	Palisades	5:46.00	
2	Reguera, Sara	Palisades	5:55.00	
3	Klein, Angelina	Northwestern Lehigh	6:16.00	
4	Toth, Emma	Bangor	6:42.00	
5	Manbeck, Zoe	Northwestern Lehigh	6:48.00	
6	Conti, Mya	Northwestern Lehigh	7:04.00	
7	Tallada, Kira	Bangor	7:16.00	
--	Stiansen, Libby	Palisades	DQ	
--	Pongracz, Raizel	Bangor	DQ	
--	Ardito, Allison	Palisades	DQ	

**Girls 3200 Meter Run**

Name	Year	School	Finals	Points
1	Stiansen, Alayna	Palisades	13:05.40	
2	Fagan, Emily	Northwestern Lehigh	13:28.00	
3	Fisher, Maci	Northwestern Lehigh	13:37.50	

**Northwestern Lehigh vs. Bangor vs. Palisades - 3/30/2021****Northwestern Lehigh  
Results****....Girls 3200 Meter Run**

4	Stiansen, Libby	Palisades	14:23.70
--	Tallada, Kira	Bangor	DQ
--	Hartzell, Kara	Bangor	DQ
--	Pongracz, Raizel	Bangor	DQ

**Girls 100 Meter Hurdles**

Name	Year School	Finals	Points
1 Yost, Faith	Northwestern Lehigh	16.40	5
2 Porter, Skye	Palisades	16.70	3
3 Magditch, Morgan	Palisades	17.40	1
4 Miller, Nina	Northwestern Lehigh	19.00	
5 Koch, Mary	Palisades	19.40	
6 Duffy-Slemmer, Payten	Northwestern Lehigh	19.60	
7 Boushell, Molly	Northwestern Lehigh	19.80	
8 Shulz, Jillian	Palisades	20.10	
9 Hunsicker, Alicia	Northwestern Lehigh	20.50	
10 Yost, Grace	Northwestern Lehigh	20.90	
11 O'Brien, Cecilia	Bangor	21.70	
12 Kallenbach, Juliane	Palisades	21.90	
-- Walker, Kayla	Palisades	DQ	

**Girls 300 Meter Hurdles**

Name	Year School	Finals	Points
1 Yost, Faith	Northwestern Lehigh	50.60	
2 Magditch, Morgan	Palisades	54.80	
3 Koch, Mary	Palisades	57.00	
4 Boushell, Molly	Northwestern Lehigh	57.10	
5 Gillette, Jayden	Northwestern Lehigh	57.80	
6 Miller, Nina	Northwestern Lehigh	59.20	
7 Bobbyn, Charlize	Northwestern Lehigh	59.40	
8 Chilton, Brynn	Palisades	1:00.30	
9 Flores, Victoria	Northwestern Lehigh	1:01.00	
10 O'Brien, Cecilia	Bangor	1:03.40	
-- Pavlinsky, Delia	Palisades	DQ	
-- Walker, Kayla	Palisades	DQ	
-- Porter, Skye	Palisades	DQ	

**Girls 4x100 Meter Relay**

School	Finals	Points
1 Palisades 'A'	53.30	
1) Balliet, Ava		
2) Henry, Angela		
3) Williams, Trinity		
4) Odle, Sydney		
2 Bangor 'A'	54.30	
1) Naysmith, Emma		
2) Albanese, Kalea		
3) Toth, Emma		
4) Giamoni, Abigail		
3 Northwestern Lehigh 'A'	55.00	
1) Betz, Kate		
2) Holmes, Jakayla		
3) Pomajevich, Abby		
4) Schellhammer, Lauren		
4 Palisades 'B'	55.80	

**Northwestern Lehigh vs. Bangor vs. Palisades - 3/30/2021****Northwestern Lehigh****Results****....Girls 4x100 Meter Relay**

1) Gruver, Kaylei	2) Balsamo, Grace
3) Segreaves, Aubrey	4) Powell, Natalie

**Girls 4x400 Meter Relay**

School	Finals	Points
1 Palisades 'A'	4:27.90	
1) Houghton, Charlotte	2) Pason, Holly	
3) Balliet, Ava	4) Odle, Sydney	
2 Northwestern Lehigh 'A'	4:35.70	
1) Hinks, Lauren	2) Holmes, Jakayla	
3) Schellhammer, Lauren	4) Pomajevich, Abby	
3 Palisades 'B'	4:51.60	
1) Balsamo, Grace	2) Balsamo, Brooke	
3) Segreaves, Aubrey	4) Pavlinsky, Delia	
4 Bangor 'A'	4:57.10	
1) Fox, Delaney	2) Toth, Emma	
3) Giamoni, Abigail	4) O'Brien, Cecilia	

**Girls 4x800 Meter Relay**

School	Finals	Points
1 Palisades 'A'	10:55.00	5
1) Chilton, Brynn	2) Smith, Amelia	
3) Houghton, Charlotte	4) Mount, Abby	
2 Northwestern Lehigh 'A'	11:11.00	
1) Klein, Angelina	2) Jones, Kailyn	
3) Fagan, Emily	4) Fisher, Maci	
-- Bangor 'A'		DQ

**Girls High Jump**

Name	Year School	Finals	Points
1 Yost, Faith	Northwestern Lehigh	4-11.00	
2 Casterline, Paige	Palisades	4-10.00	
2 Williams, Trinity	Palisades	4-10.00	
4 Nelson, Emma	Northwestern Lehigh	4-06.00	
4 Mauer, Kirsten	Northwestern Lehigh	4-06.00	
6 Yeakel, Sarah	Northwestern Lehigh	4-02.00	
6 Rittle, Samantha	Northwestern Lehigh	4-02.00	
8 Brunton-Dardaris, Lucia	Palisades	4-00.00	
-- Trickel, Samantha	Palisades	DQ	
-- Reed, Sarah	Bangor	DQ	
-- Louszko, Shannon	Bangor	DQ	
-- Becker, Paige	Palisades	DQ	

**Girls Pole Vault**

Name	Year School	Finals	Points
-- Diaz, Ivelise	Bangor	DQ	
-- Sareen, Anjali	Bangor	DQ	

**Northwestern Lehigh vs. Bangor vs. Palisades - 3/30/2021****Northwestern Lehigh****Results****....Girls Pole Vault**

-- Yost, Grace	Northwestern Lehigh	DQ
-- Magditch, Morgan	Palisades	DQ
-- Donaldson, Skylar	Palisades	DQ
-- Greenawalt, Emma	Northwestern Lehigh	DQ
-- Haas, Ashley	Northwestern Lehigh	DQ
-- George, Gwen	Northwestern Lehigh	DQ
-- Andreoli, Amy	Northwestern Lehigh	DQ

**Girls Long Jump**

Name	Year School	Finals	Points
1 Williams, Trinity	Palisades	15-09.25	
2 Brunton-Dardaris, Lucia	Palisades	14-05.00	
3 Yost, Faith	Northwestern Lehigh	13-11.50	
4 Nelson, Emma	Northwestern Lehigh	13-04.50	
5 Rittle, Samantha	Northwestern Lehigh	13-01.75	
6 Mauer, Kirsten	Northwestern Lehigh	12-08.75	
7 O'Brien, Cecilia	Bangor	12-07.00	
8 Mekki, Zohra	Palisades	12-04.50	
9 Edgar, Kate	Northwestern Lehigh	12-01.50	
-- Haubert, Riley	Palisades	DQ	
-- Casterline, Paige	Palisades	DQ	

**Girls Triple Jump**

Name	Year School	Finals	Points
1 Williams, Trinity	Palisades	33-07.50	
2 Nelson, Emma	Northwestern Lehigh	30-06.75	
3 Brunton-Dardaris, Lucia	Palisades	30-03.25	
4 Stiansen, Alayna	Palisades	29-09.00	
5 Mauer, Kirsten	Northwestern Lehigh	29-00.00	
6 Trickel, Samantha	Palisades	28-02.50	
7 Casterline, Paige	Palisades	27-01.25	
8 Edgar, Kate	Northwestern Lehigh	26-10.00	
9 Mancinelli, Madison	Northwestern Lehigh	26-01.00	
-- Rittle, Samantha	Northwestern Lehigh	DQ	

**Girls Shot Put**

Name	Year School	Finals	Points
1 Hilferty, Delaney	Palisades	30-11.00	
2 Shoemaker, Katelyn	Palisades	29-11.00	
3 Kirkopoulos, Maria	Northwestern Lehigh	28-08.75	
4 Sevrain, Paige	Northwestern Lehigh	26-06.75	
5 Nittoli, Danielle	Bangor	26-00.50	
6 Karner, McCormick	Bangor	25-01.25	
7 Kerr, Madeline	Palisades	24-06.50	
8 Kaschak, Kelsea	Northwestern Lehigh	24-01.00	
9 Schmidt, Katie	Northwestern Lehigh	23-05.75	
10 Martocci, Claire	Bangor	22-11.50	
11 Fenstermaker, Sadie	Northwestern Lehigh	19-07.25	
12 Karasek, Addison	Bangor	19-04.00	

**Northwestern Lehigh vs. Bangor vs. Palisades - 3/30/2021****Northwestern Lehigh****Results****....Girls Shot Put**

13 Hartzell, Sarah	Bangor	18-10.00
14 Shulz, Jillian	Palisades	18-09.00
15 Speicher, Lillian	Palisades	16-09.25

**Girls Discus Throw**

Name	Year School	Finals	Points
1 Hilferty, Delaney	Palisades	94-04	
2 Miller, Caitlyn	Northwestern Lehigh	82-05	
3 Kaschak, Kelsea	Northwestern Lehigh	71-09.50	
4 Shoemaker, Katelyn	Palisades	70-05	
5 Nittoli, Danielle	Bangor	69-04	
6 Donaldson, Skylar	Palisades	67-05	
7 Martocci, Claire	Bangor	64-07.50	
8 Schmidt, Katie	Northwestern Lehigh	63-10	
9 Fenstermaker, Sadie	Northwestern Lehigh	61-02	
10 Sevrain, Paige	Northwestern Lehigh	59-00	
11 Kerr, Madeline	Palisades	58-09	
12 Hartzell, Sarah	Bangor	54-10.50	
13 Engle, Megan	Bangor	54-08	
14 Ivory, Camryn	Palisades	43-10.50	
15 Russo, Elicia	Bangor	41-04.50	

**Girls Javelin Throw**

Name	Year School	Finals	Points
1 Miller, Caitlyn	Northwestern Lehigh	102-08	5
2 Kirkopoulos, Maria	Northwestern Lehigh	100-02	3
3 Hilferty, Delaney	Palisades	97-06	1
4 Shoemaker, Katelyn	Palisades	94-09	
5 Fenstermaker, Sadie	Northwestern Lehigh	79-03	
6 Eldridge, Jewells	Bangor	75-04	
7 Shulz, Jillian	Palisades	75-02	
8 Nittoli, Danielle	Bangor	74-08	
9 Karasek, Addison	Bangor	70-06	
10 Sevrain, Paige	Northwestern Lehigh	65-07	
11 Kaschak, Kelsea	Northwestern Lehigh	64-08	
12 Hartzell, Sarah	Bangor	62-02	
13 Kerr, Madeline	Palisades	57-06	
14 Reed, Sarah	Bangor	55-00	
15 Donaldson, Skylar	Palisades	50-06	

**Boys 100 Meter Dash**

Name	Year School	Finals	H#	Points
1 Heilman, Joshua	Northwestern Lehigh	11.60	1	
2 Hendricks, Nathaniel	Palisades	11.70	1	
3 Anderson, Evan	Northwestern Lehigh	11.90	1	
4 Smeltz, Brandon	Northwestern Lehigh	12.00	1	
5 Burton, Brian	Bangor	12.10	1	
6 Griffith, Ben	Northwestern Lehigh	12.50	1	
6 Hillis, Noah	Bangor	12.50	1	

**Northwestern Lehigh vs. Bangor vs. Palisades - 3/30/2021****Northwestern Lehigh****Results****....Boys 100 Meter Dash**

6	Romanuski, Skyler	Northwestern Lehigh	12.50	2
9	Blaikie, Will	Palisades	12.70	1
10	Delillo, Dartanyon	Northwestern Lehigh	12.80	1
11	Cornell, Jacob	Bangor	13.00	1
11	Pascoe, Justin	Bangor	13.00	1
13	Bartels, Dean	Palisades	13.10	1
14	Merklinger, Jimmy	Bangor	13.40	2
15	Campbell, Mason	Palisades	14.70	1
16	Blaikie, Aidan	Palisades	18.20	1
--	Ramsey, Ryan	Bangor	DQ	1
--	Bolsover, Daniel	Northwestern Lehigh	DQ	1
--	Smeland, Mason	Palisades	DQ	1
--	Russo, Joseph	Northwestern Lehigh	DQ	2

**Boys 200 Meter Dash**

Name	Year School	Finals	H#	Points
1	Hendricks, Nathaniel	Palisades	24.20	1
2	Heilman, Joshua	Northwestern Lehigh	24.30	1
3	Anderson, Evan	Northwestern Lehigh	25.40	1
4	Hillis, Noah	Bangor	25.60	2
5	Blaikie, Aidan	Palisades	26.20	1
6	Moyes, Jackson	Northwestern Lehigh	26.70	1
7	Romanuski, Skyler	Northwestern Lehigh	26.90	2
8	Delillo, Dartanyon	Northwestern Lehigh	27.20	2
8	Merklinger, Jimmy	Bangor	27.20	1
10	Blaise, Bailey	Northwestern Lehigh	27.90	1
11	Cornell, Jacob	Bangor	28.00	1
12	Pascoe, Justin	Bangor	28.50	1
13	Farrell, George	Bangor	28.90	1
14	Dertinger, Collin	Bangor	30.60	1
--	Yearwood, Marcus	Palisades	DQ	1
--	Smeland, Mason	Palisades	DQ	1
--	Brensinger, Mason	Northwestern Lehigh	DQ	1
--	Ramsey, Ryan	Bangor	DQ	1
--	Burton, Brian	Bangor	DQ	2

**Boys 400 Meter Dash**

Name	Year School	Finals	Points
1	Heilman, Joshua	Northwestern Lehigh	52.90
2	Yearwood, Marcus	Palisades	53.60
3	Moyes, Jackson	Northwestern Lehigh	57.10
4	Smeltz, Brandon	Northwestern Lehigh	57.70
5	McCoy, Nicholas	Bangor	58.70
6	Griffith, Ben	Northwestern Lehigh	1:01.40
7	Frey, Isaac	Northwestern Lehigh	1:03.40
8	Russo, Joseph	Northwestern Lehigh	1:03.90
9	Lynch, Zachary	Bangor	1:04.40
10	Sylvester, Owen	Bangor	1:12.10
--	Schaefer, Peter	Palisades	DQ
--	Kirchoff, Brady	Palisades	DQ
--	Ramsey, Ryan	Bangor	DQ

**Northwestern Lehigh vs. Bangor vs. Palisades - 3/30/2021****Northwestern Lehigh****Results****Boys 800 Meter Run**

Name	Year School	Finals	Points
1 Smigo, Thomas	Palisades	2:13.70	
2 Santana, Matthew	Northwestern Lehigh	2:16.50	
3 Graziano, Kaden	Bangor	2:16.90	
4 Stout, Cameron	Bangor	2:17.80	
5 Gruen, Will	Northwestern Lehigh	2:20.40	
6 Kozlowski, Ethan	Northwestern Lehigh	2:21.50	
7 Bower, Samuel	Northwestern Lehigh	2:23.00	
8 Stitzel, Jared	Northwestern Lehigh	2:23.70	
9 McCoy, Nicholas	Bangor	2:25.50	
10 Mack, Bailey	Bangor	2:27.20	
11 Kirchoff, Brady	Palisades	2:27.80	
12 Schaefer, Peter	Palisades	2:29.50	
13 Smith, Carter	Northwestern Lehigh	2:30.70	
14 Lynch, Zachary	Bangor	2:43.80	
15 Sylvester, Owen	Bangor	3:05.90	
16 Bancroft, Jack	Palisades	3:23.20	
-- Chukoskie, Cole	Northwestern Lehigh	DQ	
-- Hartzell, Jacob	Bangor	DQ	

**Boys 1600 Meter Run**

Name	Year School	Finals	Points
1 Smigo, Thomas	Palisades	4:55.00	
2 Chukoskie, Cole	Northwestern Lehigh	4:57.00	
3 Stout, Cameron	Bangor	5:03.00	
4 Weidman, Trever	Bangor	5:06.20	
5 Santana, Matthew	Northwestern Lehigh	5:06.70	
6 Bower, Samuel	Northwestern Lehigh	5:06.90	
7 Graziano, Kaden	Bangor	5:10.00	
8 McDowell, Liam	Palisades	5:20.00	
9 Mack, Bailey	Bangor	5:21.00	
10 Sikora, Christian	Northwestern Lehigh	5:30.00	
11 Lynch, Zachary	Bangor	5:32.00	
12 Kershner, Sean	Northwestern Lehigh	5:43.00	
13 Sylvester, Owen	Bangor	5:45.00	
-- Leibowitz, Owen	Northwestern Lehigh	DQ	
-- Campbell, Mason	Palisades	DQ	
-- Campbell, Mitchell	Palisades	DQ	

**Boys 3200 Meter Run**

Name	Year School	Finals	Points
1 Vincent, Nathan	Northwestern Lehigh	10:53.60	
2 Chukoskie, Joe	Northwestern Lehigh	10:58.20	
3 Campbell, Mitchell	Palisades	11:15.40	
4 Weidman, Trever	Bangor	11:15.60	
5 Santana, Zachary	Northwestern Lehigh	11:48.60	
6 McClintic, Matthew	Palisades	12:15.20	
-- Smigo, Thomas	Palisades	DQ	
-- McDowell, Liam	Palisades	DQ	



**Northwestern Lehigh vs. Bangor vs. Palisades - 3/30/2021****Northwestern Lehigh****Results****Boys 110 Meter Hurdles**

Name	Year School	Finals	Points
1 Campbell, Griffin	Palisades	19.40	
2 Kuhns, Cayden	Northwestern Lehigh	19.90	
3 Yeakel, Dominic	Northwestern Lehigh	20.30	
4 Fogal, Asa	Northwestern Lehigh	20.70	
5 Guthier, Bryce	Palisades	22.60	
6 Freeman, Joe	Bangor	23.70	

**Boys 300 Meter Hurdles**

Name	Year School	Finals	Points
1 Guthier, Bryce	Palisades	46.90	
2 Campbell, Griffin	Palisades	49.20	
3 Yeakel, Dominic	Northwestern Lehigh	49.30	
4 Kuhns, Cayden	Northwestern Lehigh	50.30	
5 O'Brien, Logan	Bangor	50.90	
6 Freeman, Joe	Bangor	52.40	
7 Ramsey, Ryan	Bangor	55.20	
-- Stitzel, Jared	Northwestern Lehigh	DQ	
-- Mesics, Carson	Northwestern Lehigh	DQ	
-- Fogal, Asa	Northwestern Lehigh	DQ	

**Boys 4x100 Meter Relay**

School	Finals	Points
1 Palisades 'A'	46.90	
1) Yearwood, Marcus		
2) Hendricks, Nathaniel		
3) Guthier, Bryce		
4) Blaikie, Aidan		
2 Bangor 'A'	50.20	
1) Burton, Brian		
2) Hillis, Noah		
3) Merklinger, Jimmy		
4) Cornell, Jacob		
3 Northwestern Lehigh 'A'	51.60	
1) Anderson, Evan		
2) Brensinger, Mason		
3) Heilman, Joshua		
4) Smeltz, Brandon		

**Boys 4x400 Meter Relay**

School	Finals	Points
1 Palisades 'A'	3:43.80	
1) Smigo, Thomas		
2) McDowell, Liam		
3) Hendricks, Nathaniel		
4) Yearwood, Marcus		
2 Northwestern Lehigh 'A'	3:51.30	
1) Brensinger, Mason		
2) Anderson, Evan		
3) Heilman, Joshua		
4) Smeltz, Brandon		
3 Bangor 'A'	3:57.70	
1) Merklinger, Jimmy		
2) Graziano, Kaden		
3) Lynch, Zachary		
4) McCoy, Nicholas		
4 Northwestern Lehigh 'B'	4:09.00	
1) Gruen, Will		
2) Frey, Isaac		
3) Stitzel, Jared		
4) Sikora, Christian		

**Northwestern Lehigh vs. Bangor vs. Palisades - 3/30/2021****Northwestern Lehigh****Results****Boys 4x800 Meter Relay**

School	Finals	Points
1 Northwestern Lehigh 'A'	8:41.40	5
1) Bower, Samuel	2) Chukoskie, Cole	
3) Santana, Matthew	4) Vincent, Nathan	
2 Palisades 'A'	9:04.40	
1) McClintic, Matthew	2) McDowell, Liam	
3) Campbell, Mitchell	4) Smigo, Thomas	
3 Bangor 'A'	9:28.60	
1) Hartzell, Jacob	2) Graziano, Kaden	
3) Stout, Cameron	4) Weidman, Trever	

**Boys High Jump**

Name	Year School	Finals	Points
1 Benner, Jake	Palisades	5-10.00	
2 Petersen, eric	Bangor	5-08.00	
3 Tubiello, Ben	Palisades	J5-04.00	
4 Lazarus, Ethan	Northwestern Lehigh	J5-04.00	
5 Campbell, Griffin	Palisades	J5-04.00	
6 Zieba, Gabriel	Bangor	5-02.00	
7 Garrido, Andres	Northwestern Lehigh	J5-00.00	
7 Johnson, Trevor	Palisades	J5-00.00	
8 Cornell, Jacob	Bangor	J5-00.00	
9 Kahm, Kit	Northwestern Lehigh	J5-00.00	
-- Curtin, Jacob	Palisades	DQ	
-- Rodda, Justin	Northwestern Lehigh	DQ	
-- Kozlowski, Ethan	Northwestern Lehigh	DQ	

**Boys Pole Vault**

Name	Year School	Finals	Points
1 George, Rhys	Northwestern Lehigh	11-03.00	
2 Kuhns, Cayden	Northwestern Lehigh	10-00.00	
3 Katarov, Raeyon	Bangor	8-06.00	
4 Leith, Zachary	Northwestern Lehigh	8-00.00	
-- McClintic, Matthew	Palisades	DQ	
-- Werley, Nicholas	Northwestern Lehigh	DQ	
-- Mesics, Carson	Northwestern Lehigh	DQ	

**Boys Long Jump**

Name	Year School	Finals	Points
1 Benner, Jake	Palisades	19-07.25	
2 Tubiello, Ben	Palisades	17-10.50	
3 Rodda, Justin	Northwestern Lehigh	17-08.25	
4 Salva, Hugh	Palisades	17-07.50	
5 Martocci, Dominic	Bangor	16-09.00	
6 Reinard, Blake	Palisades	16-05.50	
7 Kahm, Kit	Northwestern Lehigh	16-04.25	
8 Zieba, Gabriel	Bangor	16-04.00	
9 Burton, Brian	Bangor	16-02.75	

**Northwestern Lehigh vs. Bangor vs. Palisades - 3/30/2021****Northwestern Lehigh****Results****....Boys Long Jump**

10	Anderson, Evan	Northwestern Lehigh	16-01.25
11	Lazarus, Ethan	Northwestern Lehigh	15-08.00
12	Theesfeld, Brendan	Palisades	14-11.00
13	Hartzell, Jacob	Bangor	14-03.50
14	Smith, Landen	Bangor	14-02.25
--	Brensinger, Mason	Northwestern Lehigh	DQ

**Boys Triple Jump**

Name	Year	School	Finals	Points
1	Benner, Jake	Palisades	39-07.00	
2	Tubiello, Ben	Palisades	37-04.50	
3	Campbell, Griffin	Palisades	36-07.50	
4	Garrido, Andres	Northwestern Lehigh	36-03.00	
5	Kahm, Kit	Northwestern Lehigh	32-09.75	
6	Johnson, Trevor	Palisades	32-07.00	
7	Delillo, Dartanyon	Northwestern Lehigh	31-02.50	
8	Curtin, Jacob	Palisades	29-11.75	
9	Fogal, Jedediah	Northwestern Lehigh	28-11.50	

**Boys Shot Put**

Name	Year	School	Finals	Points
1	Krugh, Dylan	Bangor	40-02.50	5
2	O'Rourke, August	Bangor	37-05.75	3
3	Modig, Garrett	Palisades	36-03.00	1
4	Miller, Riley	Bangor	35-10.75	
5	Bartels, Dean	Palisades	32-09.50	
6	Myers, Colin	Northwestern Lehigh	32-00.00	
7	Gornicz, Josiah	Northwestern Lehigh	31-09.25	
8	Zieba, Gabriel	Bangor	31-08.50	
9	Hurd, Dylan	Bangor	31-05.25	
10	Lerch, Timothy	Palisades	30-11.00	
11	Walters, Benjamin	Northwestern Lehigh	28-05.75	
12	Johri, Isaiah	Northwestern Lehigh	27-10.75	
13	Zaleski, Michael	Palisades	27-09.50	
14	Oschmann, Ronald	Palisades	27-05.75	
15	Cabansag, Matthew	Northwestern Lehigh	27-01.50	

**Boys Discus Throw**

Name	Year	School	Finals	Points
1	Krugh, Dylan	Bangor	105-11	
2	O'Rourke, August	Bangor	101-00.50	
3	Lerch, Timothy	Palisades	100-09	
4	Hurd, Dylan	Bangor	97-04	
5	Miller, Riley	Bangor	92-10	
6	Myers, Colin	Northwestern Lehigh	91-03	
7	Gornicz, Josiah	Northwestern Lehigh	90-03	
8	Modig, Garrett	Palisades	87-11	
9	Oschmann, Ronald	Palisades	87-05	
10	Bartels, Dean	Palisades	83-11	

**Northwestern Lehigh vs. Bangor vs. Palisades - 3/30/2021****Northwestern Lehigh****Results****....Boys Discus Throw**

11 Zieba, Gabriel	Bangor	80-09
12 Cabansag, Matthew	Northwestern Lehigh	80-01
13 Zaleski, Joseph	Palisades	77-02
14 Walters, Benjamin	Northwestern Lehigh	75-08.50
15 Johri, Isaiah	Northwestern Lehigh	50-10

**Boys Javelin Throw**

Name	Year School	Finals	Points
1 Eldridge, Jace	Bangor	125-03	
2 Stitzel, Jared	Northwestern Lehigh	119-06	
3 Gornicz, Josiah	Northwestern Lehigh	111-04	
4 Hartzell, Jacob	Bangor	108-00	
5 Myers, Colin	Northwestern Lehigh	106-10	
6 Lerch, Timothy	Palisades	104-08	
7 Hurd, Dylan	Bangor	96-09	
8 Ligowski, John	Bangor	95-07	
9 Walters, Benjamin	Northwestern Lehigh	90-09	
10 Petersen, eric	Bangor	90-08	
11 Cabansag, Matthew	Northwestern Lehigh	79-03	
12 Zaleski, Joseph	Palisades	74-06	
13 Modig, Garrett	Palisades	74-04	
14 Freeman, Gabriel	Palisades	74-00	
15 Flinchbaugh, Jack	Palisades	65-04	